# Teachers' Continuous Professional Development in South Asia Challenges and Policy Initiatives

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# **Abstract**

The article is a review of teachers' continuous professional development programmes in South Asia. The article, through a review of global reports, policy documents, and research articles argues for providing high quality teacher professional development programmes so as to improve the quality of school education in the South Asian region. With particular focus on countries such as India, Bangladesh, Sri Lanka, Nepal and Pakistan, this article analyses the current nature of professional development programmes for teachers, highlights policy thrusts and interventions in the area and suggests areas of improvement.

### Introduction

During the last decade countries in South Asia have centered their attention on achieving universal access and improving quality at the level of Primary and Secondary education. The investment has been successful with data showing an increase in the net enrolment of boys and girls at the Primary level, reduction in the numbers of Primary school-age out-of-school children

and adolescents and narrowing of male-female gap at least at the primary level (UNICEF, South Asia, 2015).

Despite these significant improvements in the access, enrolment and retention of children in schools, research evidence suggests that schools in South Asia do not guarantee quality in learning (UNICEF South Asia 2015). Brinkmann (2017), highlights the 'learning crises' where

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the process of completing the full cycle of basic education is difficult for many children in South Asia. Data reveals that for every 100 children in South Asia who start primary education, 36 will not reach the last grade (UNICEF South Asia, 2015). About 11.3 million children at the primary level and 20.6 million children at the lower secondary level continue to be out-of-school and there are still a million children who complete primary education without mastering the foundational skills of basic numeracy and literacy (UNICEF South Asia, 2015).

prime One reason for this dismal situation in education in South Asia is because in the last few decades, the region has focused more on input related factors (for example. access and enrolment) rather than on outputs-with the implicit assumption that the inputs would translate into better learning outcomes (Dundar et al., 2014). Under the present circumstances of low quality school education being provided in schools, education policy debates in the region have emphasised the need for the shift in focus from input related factors to output related factors, thereby paving the way for economic development in the region. South Asia has the largest number of youth population in the world and they need to be provided quality education beyond the basic foundations of literacy and numeracy in order to enable them to navigate in a world of rapid technological change and increasing global competitiveness. The youth need to be equipped with higher order thinking skills such as, problem solving skills, analytical skills and critical thinking skills, that would contribute to their personal development and further to the regions' communal, societal and economic development.

According Brinkmann to (2017), the solution to deal with the challenge of learning crisis in South Asia, is to move away from the 'right to education' to the 'right to learning'. This situation calls for a renewed focus on improving teaching and student learning outcomes so as to bridge the gaps in learning that accumulate from the point of entry into the school system and widens over time. The situation calls for a competent teaching force in the region. Reforms in the education system in South Asia and improvement in learning outcomes among children can be achieved only with renewed focus on teachers and their professional development. Empirical research has time and again stressed the importance of improving teaching quality in improving pupil outcomes (Glewwe and Kremer, 2006). Teachers' participation Continuous in Professional Development (CPD) have a direct positive impact on boosting student achievement (Yoon et al., 2007) and reducing the performance gap among students (Meissel, Parr 2016). and Timperley, Research documented studies have

importance of teacher professional development on teacher change (Clarke and Holingsworth, 2002); modifications in teachers' beliefs and classroom practices (Young, 2001) and improvement of student learning outcomes (Vogt and Rogalla, 2009).

The article, through a review of global reports, policy documents, and research articles argues for the need to provide high quality teacher professional development programmes in order to improve the quality of school education in the region. The article highlights the challenges associated with classroom teaching in South Asian region and reviews the traditional methods of professional development teacher programmes adopted in the region. The study highlights policy thrusts and interventions in the area and suggests areas of improvement.

# CHALLENGES IN CLASSROOM TEACHING IN SOUTH ASIA

In countries, such as, Bangladesh, research studies (for example, Moyer and Sperandio, 2019, Setty et al., 2019) point out that the quality of public education remains major dilemma. The study reveals that major attempts at integrating 'best practice' teaching methods through several educational reforms initiatives have met with limited success. The dominant pedagogical approach used by teachers lecture-based and teacher-centric. Teachers have been characterised as passive and lacking enthusiasm in their interactions with students (Ahmed, 2009). Research reveals that gaps in teacher's content knowledge (Alam, 2016), uncertainty in how to develop subject-specific literacy and absence of adequate learning opportunities for teachers are key factors that affect learning outcomes (Sarkar, 2013). The Bangladesh Sector Review Education (2013)has concluded that low quality of teaching has resulted in low learning levels among children, inadequate acquisition of non-cognitive skills, inequitable learning among students and a high degree of variation between urban and rural schools.

A similar trend has been noticed in the education sector in Sri Lanka too. Senarathne and Gunarathne (2019) highlights that among the many problems in the education system in Sri Lanka, poor quality of education tops the list. An evaluation study by UNICEF (2016) has pointed out that the quality of teaching in Sri Lanka is poor, one of the reasons being the poor quality of teacher training. Teachers are not well prepared for teaching primary classes and lack competency in applying child-centric methods in classroom teaching. Research studies reveal that the reason for the lack of teacher quality in Sri Lanka is also related to other systemic factors, such as, relaxation of the minimum qualification for recruitment, imbalanced deployment teachers with a surplus subject teachers in urban areas and shortages in rural areas, and a weak

teacher training system (Dundar et al., 2017; Ministry of Education, Sri Lanka, 2017). Insufficient pre-service training, lack of teacher training facilities, funding limitations, lack of teacher educators and resource dearth of literature centers. Sinhala and Tamil languages and insufficient focus on training primary school teachers are also quoted as reasons for poor quality teaching in the country (Ministry of Education, Sri Lanka, 2017).

The pedagogical approaches applied by teachers in classrooms has impacted the quality of school education in Nepal (The School Sector Development Plan, Many classrooms remain textbook and teacher focused and follow didactic teaching methods that emphasise rote learning uncritical absorption of facts. Poyck et al., (2016) noted that although teachers were being trained, new learning methods are not being transferred to classrooms.

In the case of Indian schools and classrooms, Brinkman (2015) reveals that despite enormous investments in quality improvement initiatives under the Sarva Shiksha Abhiyaan (SSA), the National Curriculum Framework (NCF) 2005's vision of child-centric pedagogy being applied in classrooms continue to be elusive. The 'chalk and talk' or teacher instruction still dominates Indian classrooms. Similar concerns were also voiced by reports, such as that of British Council (2019).

### RATIONALE OF THE STUDY

Teachers are the most important factorsaffectinglearninginschoolsand their role will invariably be important in order to fulfill UNESCO's New Education Agenda 2030. Continuous Development Professional (CPD) activities is an integral part of the professionalisation of the teaching workforce as it provides teachers with opportunities for further learning and improvement throughout their (Guerriero, 2017). careers inclusion of teachers' participation in CPD as an indicator for the achievement of United Nations (UN) Sustainable Development Goals (SDGs) is evidence of the increasing relevance of continuous professional development on the growth and development of teachers. Research studies and reports have highlighted that teacher quality matters more in developing countries than in the developed countries (Bau and Das, 2017; World Development Report 2018, mainly because of the inherent learning outcomes children in developing nations. In regions like South Asia, where schools are highly heterogeneous in terms of socio-economic, linguistic religious backgrounds, and where many of the children are first-generation learners, there is an urgent need for teacher support through professional development programmes. According to Dundar et al., (2014), with the rapid expansion of schooling in South Asia, teachers often have to deal with large multigrade teaching situations. which pre-service and in-service training rarely prepares them for. Differences in how teachers engage their students appear to be the single biggest factor determining student learning (Béteille and Loeb, 2009). Brinkman (2017) observes that getting instruction right is particularly challenging in a context like that of South Asia, and advocates the need for implementation of transformative teacher training models that can bring about successful interventions in changing teacher beliefs and practices, and at the same time develop teacher competencies to ensure holistic outcomes among children that goes beyond foundational skills.

# CURRENT STATUS OF TEACHERS' CONTINUOUS PROFESSIONAL DEVELOPMENT IN SOUTH ASIA: A REVIEW

Most professional development programmes in developing countries are centrally planned, formalised and prescribed, and do not cater to the teachers' interests and preference for development of certain relevant skills (UNESCO, 2016). The same trend has also been noticed in South Asia. The Asian Development Bank (2017), reports that teacher training in Bangladesh applies the Training of Trainers (TOT) process, and is implemented by the Training Division at the Central Ministry level. There is minimum involvement of local universities and the teacher training institutes and colleges. The training programmes are not institutionalised have to endure lack government funds and coordination. Further, the training programmes are project-based and are not linked to any incentive or promotion system (Asian Development Bank, 2017). Lack of supervision, support and monitoring mechanisms impedes the successful transfer of training knowledge. Research studies have revealed that teachers learn little from traditional in-service teacher training programmes (Ehsan, Biswas and Ashrafuzzaman, 2012) following which they use traditional lecture methods classrooms leading in to poor student participation and negligible learning. Teachers often complain that in-service training is theoretical and far removed from their daily work experiences.

Tahira, Hassan, Malik and Yousuf (2020) and Ali (2011) reveal that in Pakistan, most in-service training programmes are donor funded, and focus on achieving quantitative targets rather than qualitative changes. The teacher training programmes are funded by donor agencies and lack a database of trained teachers. Most often the master trainers are not adequately trained, there is insufficient monitoring and poor support system, and lack of accredited institutions to certify teachers (Tahira et al., 2020).

Sri Lanka follows a cascade model of teacher professional development. Teachers have expressed their disapproval of the cascade teacher training model where knowledge provided during the training face of distortion and dilution down the line (ADB, 2017). National Institute of Education (NIE) provides institutional support for in-service teacher education in Sri Lanka. According to The National Education Commission (2016),in-service programmes are designed as short-term programmes by NIE and Provincial Education Authority (PEA). These programmes do not have a long-term perspective and are not need-based. The usual procedure is for NIE is to train In-service Advisors (ISAs) to function as trainers in the provincial and zonal teacher training In-service programmes. training in Sri Lanka face issues of unattractive lectures that lack relevance, lack of infrastructure and physical facilities; inadequate travelling and subsistence payments that discourage participants.

In Nepal, Poyck et al., (2016) highlight that poor teacher training is one of the reasons for low student achievement and poor learning outcomes. The School Sector Reform Plan (SSRP) reports that cascade followed model is for teacher development and that has resulted in poor quality of teacher training in the country. The report also quotes that the training modules are not needbased and that the teacher trainers themselves do not have the necessary training in pedagogical skills. The report further argued that the quality of teacher training can be improved with added emphasis on change in ethos,

attitude and motivation of teachers outcome which the cascade model of training is not endowed to deliver. Gurung and Sharma (2013), reveal that though National Centre for Education Development (NCED) has authorised the Resource Centres (RCs) for empowering basic level teachers and Lead Resource Centres and Educational Training Centres (ETCs) for training of secondary school teachers, lack of availability of trained resource persons has hampered the effectiveness of the training programmes. Resource Centres are overloaded and they do not have sufficient willingness or capability to provide training to lower secondary school teachers. Shrestha (2008) highlights that NCED is not equipped with quality professionals to discharge important professional tasks and the institution does not have a mechanism to use professional institutions and individuals develop plans and programmes on teacher development.

Bolitho and Padwad (2013) pointed out that in India, in-service training programmes, are generally term events, infrequent and usually conducted once a year. Saigal (2012) and National Council of Educational Research and Training (2016) observed that in-service training adopts the cascade model of knowledge (2015).dissemination. Brinkman teachers highlights that in India, have deep cultural beliefs which one-time training workshops are hardly able to address. Therefore teachers' beliefs remain unchanged because the training programmes fail to address the culturally rooted values in which their practice is grounded. Therefore, though policies are attempting to change teacher practices from teacher-centric to learner-centric, in most classrooms, the dominant pedagogy used is teacher-centric.

The above mentioned reviews highlight the lack of a sound teacher professional development programme in South Asia which in turn has impacted classroom teaching quality. Brinkmann (2017) points out that at the heart of the learning crisis lay the teacher-centric pedagogy that dominates majority of the classrooms in South Asia. Teaching in South Asia is still dominated by reading directly from the text book, having students follow along and repeat, and having students copy directly from textbook into their notebooks (Setty et al., 2019).

# POLICY INTERVENTIONS IN SOUTH ASIA FOR IMPROVING TEACHER PROFESSIONAL DEVELOPMENT

Policy initiatives in South Asia are indeed moving towards a shift from input related factors to output related factors with focus on improving student learning. The following paragraph provides a summary of the policy initiatives that countries in the region are initiating in order to improve the quality of teacher professional development.

**a. Bangladesh:** The Bangladesh Education Sector Review

(2013) articulated the role of institutions such as National Teacher Education Council (NTEC), NTRCA (Non-Government Teachers' Registration Certification Authority) and Technical Teachers Training College (TTCs) for the development of a well-trained teacher force for secondary education Bangladesh. The report suggested the need to strengthen and formalise partnership universities in order to improve the quality of in-service training. The report suggested that TTCs should provide a one-year diploma course focusing on pedagogy to improve the quality of secondary teachers and institutions. The report also highlighted the need Continuous Professional for Development (CPD) programmes through mentoring and on-site support for teachers via a network of field-based District Teacher Educators (DTEs) and Teacher Educators (TEs) located in high schools and teacher education colleges. The Asian Development Bank (2017), highlighted the need to set up an institution for teacher development policy; for formulation of a strategic development plan covering both pre-service and in-service training acknowledgment for in-service training programs as an essential part of teachers' CPD.

**b. Nepal:** According to the Ministry of Education, Nepal, School Sector Development Plan (2016),

teachers need to take up in-service training based on a National Teachers' Competency Framework and the National Framework for Teacher Development and Professional Preparation, with added mentoring by peers and head teachers. National Centre for Educational Development (NCED) needs to prepare courses to suit professional development needs of the teachers emphasis on subject knowledge, child-centric and active learning. inclusive education, and formative assessment to meet the learning needs of every child. The Education Training Centres (ETCs) needs strengthened and professional development packages are be developed at district levels to allow contextualisation. Teachers are to be linked with senior teachers for peer mentoring and encouraged to undertake self and peer assessment to identify their professional development needs. Poyck et al., (2016), recommends the need to expand TPD school-based teacher training programme for all teachers and also develop Resource Centre level networks for sharing innovation after the direct training. The Asian Development Bank (2017), recommended the need to convert Resource Centers and ETCs to Learning Centers, and ETCs as autonomous training centers to enable them to utilise the existing facilities and services. The report recommends that Resource Centers should continue to organise thematic workshops while encouraging subject-wise meetings of teachers. The Centers should develop need-based ICT-based materials and make them available to teachers.

c. Sri Lanka: The National Education Commission (2016) recommends that selected TTCs have to be either upgraded to the level of National Colleges of Education (NCoE) or restructured as TTCs. The documents highlight the need to strengthen school-based teacher development programmes in order to improve the quality of education. The other suggestions include linking teacher appraisal, teacher promotion, to define and establish set of Teaching Standards ensure order to teacher quality and teacher evaluation. The Ministry of Education Training Development and Plan: 2017–18, recommends that the training impact has to be evaluated and suggested facilitation and rewarding training participation. National Education Commission (2016) envisions changes along three pronged ways (a) at the organisation level: National Colleges of Education (NCOEs) are to empower teachers to build a future generation of students who would be able to meet the demands of the new economy in terms of their ability; (b) At task level: there will be changes in the subject matter, delivery methods (learner-centric methods) assessment of learning. New subjects be. will introduced particularly in the technology. (c) At the person level: development of the personal self of teachers in terms of self-understanding, motivation, ability to work as a team and to be able to innovative. The Commission suggests that in-service everv programme should be need-based and should also include teacher professional development plan which should be communicated to the In-service Advisor (ISAs) through the principals. **ISAs** should identify the needs of the teachers and should develop comprehensive in-service programme. School-based teacher development programmes that are designed and developed by school principals should be promoted in schools. These programmes should have inbuilt mentoring by senior teachers and formation of peer groups of teachers to provide mutual support in teaching and self-improvement.

d. India: In India, NEP 2020 has outlined that teachers would be provided CPD at different levels including those at the local, regional, state, national, international as well as through online workshops. Teachers are supposed to participate in at least 50 hours of CPD opportunities every year to increase their opportunities for professional

The development. teachers expected be updated are to emerging pedagogies regarding foundational literacy numeracy, assessment, competency-based learning, etc. NEP 2020 also envisions creation of school complexes for building a vibrant teacher community and a vibrant teacher knowledge base. School complexes would platforms where teachers can share innovative teaching practices with each other and work cooperatively and collaboratively towards improving student learning outcomes. NEP 2020 envisages the use of platforms such as, SWAYAM, DIKSHA, etc., for supporting online training of teachers. National policies in India historically have been concerned with the quality improvement and indigenisation of teacher education, reflected in the recommendations of various commissions committees and appointed by the Government of India such as The University Education Commission (1948) and Acharya Ramamurthy Committee (1990). The Kothari Commission (1964-1966), acknowledged that teacher education programmes are largely divorced from the realities of the school and emphasised the need for improving quality in teacher education programmes through rooting the teacher education curriculum in Indian conditions. The National Policy on Education (NPE-1986) asserted the need modify teacher education curriculum in tune with the contemporary educational needs of the society and envisaged preservice and in-service education as two ends of a continuum. Following the recommendations of the National Policy on Education (NPE-1986), the National Council of Teacher Education (NCTE) was established. NCTE devised the National Curriculum Framework for quality teacher education in the year 1998, followed by a revised National Curriculum Framework for Teacher Education (NCFTE) in the year 2009. The NCFTE 2009 envisaged a teacher education that is course constructivist and focuses on experiential and collaborative learning. At same time, the Right to Education Act (RTE 2009) highlighted the significance of teachers within the education system by setting norms for availability of trained teachers in the school system, specified the academic duties of the teachers and set norms of pupil-teacher ratio in primary and upper primary schools. The Justice Verma Commission Report on Teacher education (2012) identified challenges to teacher education and in-service training and provided suggestions on revamping, improving and monitoring of teacher education and teacher performance India. The report also reviewed whether the regulatory norms and

procedures laid down by NCTE are being properly enforced. In 2017. NCTE launched DIKSHA (diksha.gov.in)— a national digital portal to support teachers in class teaching with resources, content and opportunities to interact with online teacher communities. The National Curriculum Framework 2005, expected that teachers facilitators have to be students learning and reinforced constructivist approach teacher-student classroom interaction. The framework called for a reorientation of teacher educators in the emerging pedagogies who are trained in conventional methods and are used to conventional pedagogies.

Policies aside, the countries in South Asia have initiated innovative methods of teacher professional development. The following paragraphs describe innovations in teacher CPD in the South Asian region.

## Innovations in CPD

1. School based in-service education is a powerful tool for improving quality of teaching (Beeson, 1987). Among the innovative approaches initiated by Bangladesh. intervention pre-pilot study of an international education development programme Bangladesh, demonstrated that school-based technologyenhanced systems support impacted classroom practice and helped teachers' professional

The development. study concluded schoolthat based teachers' professional development through technologyenhanced learning contributed significantly to in-service training in а resource-constrained (Shohel and Banks. context 2012). Along the same lines, Ashrafuzzaman (2016), analysed the programme English in Action (EIA) to improve the quality of English Language learning at the primary and secondary levels of school education. EIA focused on technology-based classroom teaching and included cluster meetings as part of the implementation. The study drew attention to the role of cluster meetings that were supported by audio and visual instructional materials and were conducted based on the interest, demands and problems of the teachers. Wijesundera (2002),studied a school improvement project carried out in Sri Lanka, where facilitator from a central organisation worked with the principal and tutorial staff of a disadvantaged school for a 2 year period. Ten in-house sessions were conducted over the period. Base line surveys, observations and initial interactions the staff were used to diagnose the needs of the school and strategies for interventions were planned accordingly. Development planning and self-assessment processes

- were used extensively in the interventions. These strategies have been effective in developing leadership and critical reflection habits of teachers. Furthermore, they have been instrumental in making the curriculum more relevant to the needs of the pupils and inducing the need for self-development in the staff.
- 2. Chang (2014), and Hussain and Ali (1998), drew attention the role of cluster-based mentoring in Pakistan for teacher professional development Baluchistan province. In this set up, a mentor teacher, posted at a Learning Resource Center collaborated with (LRC) teachers of school clusters to conduct workshops, generate teaching and learning resources, observe mentee-teachers and give feedback. The study highlighted the role of cluster-based mentoring in changing teachers practices from traditional teaching to a advanced activity-based teaching.
- 3. According to Jita and Mokhele (2014), teacher clusters are a recent experiment in teacher professional development. study reveals that clusters improved teachers' content knowledge and pedagogical content knowledge and instilled process benefits such as the sense collaboration. instructional guidance and teacher leadership. In India, NEP 2020's vision for school complexes or clusters can

- be an example in this direction for teacher professional development using cluster approach.
- 4. Alam (2016),undertook participatory action research of teacher collaboration and praxis in Bangladesh, wherein teachers discussed their own and others' practice collaboratively in tune with the needs of the students while reflecting on how they might change their practice to better meet the needs of the students. This collaboration resulted in a teacher learning community and a changed understanding of their roles and practices. The study showcased how a school. situated in a specific context, explored possibilities to do things differently and how the teachers themselves worked collaboratively to identify what was needed to improve their practice.
- 5. Pouezevara and Khan (2007),studied the use of mobile connectivity determine to whether it was an effective way of in-service teacher training reach remote and rural teachers in Bangladesh including women disadvantaged and groups. The training process 1ed the development of learning communities, encouraged group and self-directed learning. The change in teachers was reflected in the new teaching that teachers were implementing in own schools. Mobile technology improved convenience of training opportunities access, created

- for ongoing communication, and took into consideration the sociocultural realities of the school and the country context.
- 6. The study by Di Biase (2019) that teachers asserted need continuous. localised and school-based professional development in order to enable them to expand their range of pedagogical strategies, such as, facilitating classroom discussion, managing group work, student interaction, monitoring classroom activities. The study attempted understand the enabling conditions for pedagogy reforms examining the conditions that influence how education innovations work in real-life practice in the Maldives school The study designed context. pedagogical intervention collaboration with teachers and school management, to support enactment of active learning in the school. The intervention provided a framework for teacher practice of active learning methodology by enabling teachers to view teaching as an interaction between teachers and students. The teachers had operational clarity on their roles and practices, and what is feasible and desirable as these were conceived and were compatible with the circumstances of their work. The intervention had the support of the research schools which ensured positive school culture. Teachers' practice was supported by resources and

- classroom-based support. The study revealed that innovative practices need to acknowledge contextual conditions and develop a shared vision for change within the school community.
- 7. Rizvi and Nagi (2016) evaluated a teacher training approach called Cluster-Based Mentoring the (CBMP) for the Programme professional development government primary school teachers in Pakistan. Data revealed that CBMP was effective in terms of improving teacher practices student behaviour. and study revealed that the success of CBMP can be attributed to a cohort of teacher educators and experienced government primary school teachers who are selected and developed as mentors, who in turn mentored other teachers in their respective school contexts. The process led to the creation horizontal mentor-mentee channels of communication that were more conducive for deep learning. The process enabled teachers to develop 'horizontal' learning networks among each other, take charge of their own learning, and keep the process of learning going on.
- 8. The study by Saigal (2012) examined an innovative model (collaborative apprenticeship model) for teacher support in Rajasthan's government schools. Drawing on the principles of collaborative learning processes, paper discusses the two support strategies in the form of professional dialogic interactions and modeling of pedagogic strategies used by the Educational Research Intermediaries (ERI) to interact with the teachers. The ERIs' supported the teachers through recognising and responding to teachers' 'local knowledge' thereby repositioning the teachers as an active learner.

### Conclusion

The paper provides insights into the challenges and policy initiatives of countries in South Asia with regard to the CPD of teachers. The paper also provides insights into innovative practices in the area of teachers' professional development so as to enable policy makers to develop need based CPD programmes in their respective countries.

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